

# MOR MONTHLY

MARLINS of Raleigh Swim Team OCTOBER 2008 EDITION SWIM MEET RECAP PUBLICATION

## TRICK OR TREAT MEET RESULTS



MOR's 12 & Under swimmers competed in the Trick or Treat meet at Hillsborough Sportsplex hosted by Duke Aquatics on October 11-12. Duke Aquatics ran a meet where in events were split into BB and above events and B/C events. This allowed the top swimmers to compete against each other and for our developing swimmers to have a chance to see success and place high in their session. The meet ran very well and gave the first time swimmers a positive first experience. MOR swimmers achieved 94% best times, had 12 new BB swimmers, and won 19 individual events in the BB+session and 20 events in the B/C session. MOR swimmers also won 15 out of a possible 20 relays and broke 5 North Carolina Swimming Records. NCS records were set by the MOR 10 & Under Boys 200 Free Relay [ **Will Countie, Tyler Silver, Brooks Verona, and Collier Cobb** ] which took down the 1999 State record held by the MAC relay that included 2008 Olympic Gold Medalist **Ricky Berens**. Tyler Silver (10) set four individual NCS Records in the 50yd Free, 100yd Free, 50yd Fly and 100yd IM. Top-8 results were as follows:

### B/C RESULTS

#### 9-10 Girls B/C

**ABATANGELO, Sophia (10)**  
8<sup>th</sup> 10-u 100 Back 1:34.61 B

**BRYANT, Sara (9)**  
5<sup>th</sup> 50 Fly 44.07 B

**DYKSTRA, Emily (9)**  
3<sup>rd</sup> 10-u 100 Free 1:17.92 BB  
7<sup>th</sup> 9-10 50 Back 44.25 B  
2<sup>nd</sup> 9-10 50 Breast 43.89 BB  
5<sup>th</sup> 9-10 200 IM 3:25.09 B

**HIPP, Mary Jeanne (9)**  
7<sup>th</sup> 10-u 100 Back 1:34.35 B  
3<sup>rd</sup> 9-10 100 IM 1:32.62 BB  
8<sup>th</sup> 10-u 100 Free 1:23.41 B  
6<sup>th</sup> 9-10 50 Back 44.19 B

**MIKLES, Chloe (10)**  
7<sup>th</sup> 9-10 50 Free 35.35 BB  
1<sup>st</sup> 9-10 50 Fly 41.36 BB

**SELLERS, Carlie (10)**  
1<sup>st</sup> 9-10 50 Free 33.82 BB  
2<sup>nd</sup> 10-u 100 Back 1:30.60 BB  
4<sup>th</sup> 9-10 100 IM 1:32.79 BB  
6<sup>th</sup> 9-10 50 Fly 44.35 B  
5<sup>th</sup> 10-u 100 Free 1:19.12 BB  
3<sup>rd</sup> 9-10 50 Back 41.60 BB  
7<sup>th</sup> 9-10 50 Breast 47.81 B

#### 8 & Under Girls

**BLANDFORD, Callie (7)**  
6<sup>th</sup> 8-u 100 IM 1:50.89  
3<sup>rd</sup> 8-u 50 Back 45.68 B  
4<sup>th</sup> 8-u 25 Fly 23.41

**COUNTIE, Grace (8)**  
1<sup>st</sup> 8-u 25 Free 16.68  
1<sup>st</sup> 8-u 50 Back 41.91 BB  
1<sup>st</sup> 8-u 25 Fly 16.75  
1<sup>st</sup> 8-u 50 Breast 46.73 BB

**DELFINO, Gianna (7)**  
8<sup>th</sup> 8-u 50 Breast 58.53

**DeRONJA, Josie (7)**  
3<sup>rd</sup> 8-u 25 Breast 26.66  
6<sup>th</sup> 8-u 50 Back 49.88  
7<sup>th</sup> 8-u 25 Fly 24.37  
6<sup>th</sup> 8-u 50 Breast 56.24

**DUFRESNE, Jennifer (8)**  
1<sup>st</sup> 8-u 25 Breast 25.02  
5<sup>th</sup> 8-u 50 Breast 55.63

**KOFOD, Annelise (8)**  
6<sup>th</sup> 8-u 25 Free 19.71

**LIGGINS, Adriana (8)**  
7<sup>th</sup> 8-u 50 Back 50.76

**McDONALD, Daniela (7)**  
5<sup>th</sup> 8-u 50 Free 43.06  
7<sup>th</sup> 8-u 25 Back 23.27  
5<sup>th</sup> 8-u 25 Free 19.60

**McKEE, Margaret (8)**  
6<sup>th</sup> 8-u 25 Fly 23.89

**MORRELL, Lily (8)**  
2<sup>nd</sup> 8-u 50 Free 36.77 B  
2<sup>nd</sup> 8-u 25 Back 22.00  
4<sup>th</sup> 8-u 100 IM 1:49.49  
3<sup>rd</sup> 8-u 50 Fly 51.34  
5<sup>th</sup> 10-u 100 Fly 2:07.86

**STRICKLAND, Rachel (7)**  
8<sup>th</sup> 8-u 50 Free 43.58  
1<sup>st</sup> 8-u 50 Fly 47.27 B  
3<sup>rd</sup> 8-u 25 Free 18.89

**TATE, Mallory (8)**  
7<sup>th</sup> 8-u 25 Breast 28.18

#### 11-12 Girls B/C

**CARTER, Gabrielle (12)**  
8<sup>th</sup> 11-12 100 Back 1:32.59

**DORSEY, Gabrielle (12)**  
7<sup>th</sup> 11-12 50 Free 33.56 B  
1<sup>st</sup> 11-12 50 Breast 40.08 BB  
3<sup>rd</sup> 11-12 200 Free 2:37.30 B  
4<sup>th</sup> 11-12 100 Free 1:13.10 B  
1<sup>st</sup> 1-12 100 Breast 1:27.55 BB  
3<sup>rd</sup> 11-12 200 IM 2:47.92 BB

**NICKENS, Markie (12)**  
8<sup>th</sup> 11-12 50 Free 34.22 B  
7<sup>th</sup> 11-12 50 Breast 47.66  
5<sup>th</sup> 11-12 200 Free 2:45.24

**STEFANIC, Rachel (11)**  
6<sup>th</sup> 11-12 50 Free 33.52 B  
8<sup>th</sup> 11-12 50 Breast 48.74  
5<sup>th</sup> 11-12 50 Fly 36.65 B  
8<sup>th</sup> 11-12 100 Free 1:15.52  
8<sup>th</sup> 11-12 50 Back 40.18

**TOMASKO, Amanda (11)**  
6<sup>th</sup> 11-12 100 IM 1:24.93 B  
5<sup>th</sup> 11-12 50 Free 33.39 B  
7<sup>th</sup> 11-12 100 Back 1:25.78 B  
3<sup>rd</sup> 11-12 100 Fly 1:24.83  
4<sup>th</sup> 11-12 200 Free 2:40.56 B  
3<sup>rd</sup> 11-12 50 Fly 35.51 B  
6<sup>th</sup> 11-12 100 Free 1:14.35  
4<sup>th</sup> 11-12 50 Back 39.35 B  
8<sup>th</sup> 11-12 100 Breast 1:39.35  
4<sup>th</sup> 11-12 200 IM 2:59.03 B

**WALL, Gabrielle (12)**  
8<sup>th</sup> 11-12 200 IM 3:17.51

**WHITE, Ashlea (11)**  
3<sup>rd</sup> 11-12 100 IM 1:20.03 BB  
3<sup>rd</sup> 11-12 50 Free 32.67 B  
3<sup>rd</sup> 11-12 100 Back 1:22.09 B  
7<sup>th</sup> 11-12 200 Free 2:47.90  
5<sup>th</sup> 11-12 100 Free 1:14.23  
3<sup>rd</sup> 11-12 50 Back 38.09 B  
3<sup>rd</sup> 11-12 100 Breast 1:33.02 B

#### 9-10 Boys B/C

**BLANDFORD, Connor (9)**  
6<sup>th</sup> 9-10 50 Free 37.18  
2<sup>nd</sup> 9-10 100 IM 1:35.26 B  
3<sup>rd</sup> 10-u 100 Breast 1:46.95 B  
5<sup>th</sup> 10-u 100 Free 1:27.02 B  
2<sup>nd</sup> 9-10 50 Back 44.53 B  
5<sup>th</sup> 9-10 50 Breast 50.44 B

**CARTER, Johnnie (10)**  
4<sup>th</sup> 50 Free 36.82 B  
4<sup>th</sup> 10-u 100 Back 1:35.06 B  
8<sup>th</sup> 9-10 50 Fly 51.88  
8<sup>th</sup> 9-10 50 Back 47.07 B

**DeRONJA, Frank (9)**  
3<sup>rd</sup> 9-10 50 Free 36.47 B  
6<sup>th</sup> 10-u 100 Back 1:38.11 B  
4<sup>th</sup> 9-10 100 IM 1:35.65 B  
5<sup>th</sup> 9-10 50 Fly 48.90  
3<sup>rd</sup> 10-u 100 Free 1:23.34 B  
3<sup>rd</sup> 9-10 50 Back 44.57 B  
4<sup>th</sup> 50 9-10 50 Breast 50.43 B  
2<sup>nd</sup> 9-10 200 IM 3:24.91 B

**FALLER, Jack (10)**  
1<sup>st</sup> 9-10 50 Free 35.66 B  
3<sup>rd</sup> 10-u 100 Back 1:40.20 B  
1<sup>st</sup> 10-u 100 Breast 1:41.16 BB

**MORAN, Smith (9)**  
8<sup>th</sup> 10-u 100 Back 1:39.00 B  
7<sup>th</sup> 9-10 100 IM 1:37.73 B

**ROBERTSTON, Evan (9)**  
8<sup>th</sup> 9-10 100 IM 1:40.41 B  
7<sup>th</sup> 10-u 100 Breast 1:58.40

**SVADEBA, Eric (9)**  
2<sup>nd</sup> 9-10 50 Free 40.84  
2<sup>nd</sup> 9-10 50 fly 46.73 B  
4<sup>th</sup> 9-10 50 Back 44.77 B

4<sup>th</sup> 9-10 200 IM 3:38.74 B

**VAETH, David (9)**  
8<sup>th</sup> 10-u 100 Breast 2:02.98

#### 8 & Under Boys

**ADCOCK, William (8)**  
5<sup>th</sup> 8-u 25 Back 21.48  
6<sup>th</sup> 8-u 100 IM 1:43.52  
3<sup>rd</sup> 8-u 50 Back 44.87 B  
7<sup>th</sup> 8-u 50 Breast 58.97

**LAWTON, Nicholas (8)**  
6<sup>th</sup> 8-u 50 Free 38.49  
4<sup>th</sup> 8-u 50 Fly 48.69  
4<sup>th</sup> 8-u 50 Back 46.05 B  
4<sup>th</sup> 8-u 25 Fly 21.43  
8<sup>th</sup> 8-u 50 Breast 1:02.38

**QUINN, Sean (8)**  
7<sup>th</sup> 8-u 50 Fly 52.12  
6<sup>th</sup> 10-u 100 Free 1:27.49 B  
6<sup>th</sup> 8-u 25 Fly 22.51  
4<sup>th</sup> 8-u 50 Breast 55.16

**SILVER, Christopher (8)**  
1<sup>st</sup> 8-u 50 Free 32.66 BB  
2<sup>nd</sup> 8-u 25 Back 18.69  
1<sup>st</sup> 8- 100 IM 1:25.56 BB  
1<sup>st</sup> 8-u 50 Fly 38.34 BB  
3<sup>rd</sup> 8-u 25 Breast 24.95  
2<sup>nd</sup> 8-u 25 Free 15.60  
2<sup>nd</sup> 8-u 50 Back 39.53 BB  
1<sup>st</sup> 8-u 25 Fly 18.20  
2<sup>nd</sup> 8-u 50 Breast 49.64 B

#### 11-12 Boys B/C

**BUTLER, Harrison (11)**  
5<sup>th</sup> 11-12 50 Free 32.65  
8<sup>th</sup> 11-12 100 Back 1:29.84  
8<sup>th</sup> 11-12 200 Free 2:58.92

**CLOSE, William (12)**  
7<sup>th</sup> 11-12 100 IM 1:26.69  
5<sup>th</sup> 11-12 100 Back 1:28.51  
8<sup>th</sup> 11-12 50 Breast 47.60

**DAVIS, Gage (11)**  
7<sup>th</sup> 11-12 100 Breast 1:59.96

**DONNELLY, Kevin (11)**  
3<sup>rd</sup> 11-12 100 Fly 1:46.17  
7<sup>th</sup> 11-12 200 Free 2:55.57  
7<sup>th</sup> 11-12 100 Free 1:23.24

**HALE, Conor (12)**  
2<sup>nd</sup> 11-12 100 IM 1:18.32 B  
3<sup>rd</sup> 11-12 50 Free 31.80 B  
3<sup>rd</sup> 11-12 100 Back 1:26.19  
1<sup>st</sup> 11-12 50 Breast 37.95 BB  
3<sup>rd</sup> 11-12 200 Free 2:37.87 B  
4<sup>th</sup> 11-12 50 Fly 38.23  
3<sup>rd</sup> 11-12 100 Free 1:11.19 B  
5<sup>th</sup> 11-12 50 Back 41.28  
1<sup>st</sup> 11-12 100 Breast 1:26.53 BB  
4<sup>th</sup> 11-12 200 IM 2:57.41 B

**KOFOD, Christian (11)**  
8<sup>th</sup> 11-12 100 IM 1:26.82  
8<sup>th</sup> 11-12 50 Free 33.41  
4<sup>th</sup> 11-12 200 Free 2:42.58  
6<sup>th</sup> 11-12 50 Fly 40.35  
6<sup>th</sup> 11-12 100 Free 1:15.79

**Wren McDaniel**  
10/03/98

**Jessica Tomlinson**  
10/04/98

**Elyse Elder**  
10/05/90

**Rachel Stefanic**  
10/07/97

**Gabi Shishkoff**  
10/08/92

**Lillie Smith**  
10/10/94

**Delaney Boulo**  
10/11/95

**Brooks Verona**  
10/12/97

**Gianna Delfino**  
10/12/00

**Will Oakley**  
10/13/98

**Kirsten Esplin**  
10/14/90

**Zoey Newhouse**  
10/14/98

**David Vaeth**  
10/15/98

**Emily Dykstra**  
10/16/98

**Tyler Adams**  
10/18/91

**Hannah Lee**  
10/18/91

**Caroline Mitchell**  
10/18/94

**David Barnes**  
10/19/92

**Michaela Carter**  
10/19/96

**Cara Martin**  
10/20/98

**Frank DeRonja**  
10/21/98

**Eric Svadeba**  
10/23/98

**Tyler Silver**  
10/23/97

**Amanda Tomasko**  
10/23/96

**Anne E. Rinderer**  
10/24/96

**Geoffrey Oyler**  
10/24/95

**Sydney Baldwin**  
10/24/00

**Joe Peterson**  
10/27/98

**Benita Gillespie**  
10/27/98

**Casey Lawton**  
10/28/93

**Hayes Chamblee**  
10/28/98

**Anna Clapsaddle**  
10/30/94

**Justin Wahlers**  
10/30/98

# TRICK OR TREAT MEET RESULTS

6<sup>th</sup> 11-12 50 Back 41.64  
7<sup>th</sup> 11-12 200 IM 3:09.92

## McBENNETT, Christopher (12)

6<sup>th</sup> 11-12 50 Breast 46.50

## QUINN, Colin (11)

6<sup>th</sup> 11-12 200 Free 2:49.51

## QUINN, Neal (11)

3<sup>rd</sup> 11-12 100 IM 1:20.77 B  
2<sup>nd</sup> 11-12 50 Free 31.24 B  
2<sup>nd</sup> 11-12 100 Back 1:23.79 B  
7<sup>th</sup> 11-12 50 Breast 47.23  
2<sup>nd</sup> 11-12 50 Fly 1:23.23 B

## STAAB, Justin (11)

3<sup>rd</sup> 11-12 50 Fly 36.52 B  
1<sup>st</sup> 11-12 100 Free 1:09.30 B  
3<sup>rd</sup> 11-12 50 Back 38.51 B  
4<sup>th</sup> 11-12 100 Breast 1:42.70  
5<sup>th</sup> 11-12 200 IM 3:02.20 B

## BB+ RESULTS

### 10 & Under Girls BB+

## ADCOCK, Elena (9)

8<sup>th</sup> 10-u 100 IM 1:22.84 BB  
6<sup>th</sup> 10-u 50 Free 33.08 BB  
3<sup>rd</sup> 10-u 100 Back 1:20.12 A  
1<sup>st</sup> 10-u 100 Fly 1:20.61 AA  
4<sup>th</sup> 10-u 50 Fly 34.24 AA  
6<sup>th</sup> 10-u 100 Free 1:12.17 BB  
5<sup>th</sup> 10-u 50 Back 37.82 A  
6<sup>th</sup> 10-u 200 IM 2:59.13 BB

## GIAMBER, Sarah (10)

7<sup>th</sup> 10-u 100 IM 1:22.31 A  
7<sup>th</sup> 10-u 50 Free 33.59 BB  
6<sup>th</sup> 10-u 50 Breast 45.29 BB  
6<sup>th</sup> 10-u 100 Fly 1:28.84 BB  
7<sup>th</sup> 10-u 200 IM 2:59.25 BB

## HEINEMAN, Ashley (9)

7<sup>th</sup> 10-u 50 Breast 45.46 BB

## MILLER, Ryley (10)

4<sup>th</sup> 10-u 100 IM 1:18.39 AA  
5<sup>th</sup> 10-u 50 Free 32.04 A  
2<sup>nd</sup> 10-u 100 Back 1:20.00 A  
4<sup>th</sup> 10-u 100 Fly 1:23.26 A  
4<sup>th</sup> 10-u 200 Free 2:35.68 A  
3<sup>rd</sup> 10-u 50 Fly 34.20 AA  
5<sup>th</sup> 10-u 100 Free 1:11.29 A  
3<sup>rd</sup> 10-u 50 Back 36.19 AA  
4<sup>th</sup> 10-u 100 Breast 1:31.85 A  
4<sup>th</sup> 10-u 200 IM 2:50.77 A

## ROCQUE, Jacqi (9)

6<sup>th</sup> 10-u 200 Free 2:39.71 BB  
8<sup>th</sup> 10-u 50 Fly 36.61 A

### 11-12 Girls BB+

## BREWER, Adaira (11)

7<sup>th</sup> 11-12 100 IM 1:10.91 A  
4<sup>th</sup> 10-u 50 Free 27.76 AA  
8<sup>th</sup> 11-12 100 Back 1:14.35 BB  
8<sup>th</sup> 11-12 200 Free 2:18.75 A  
5<sup>th</sup> 11-12 50 Fly 32.24 A  
8<sup>th</sup> 11-12 100 Free 1:03.21 BB  
5<sup>th</sup> 11-12 100 Breast 1:23.04 BB  
7<sup>th</sup> 11-12 200 IM 2:35.80 A

## BROWN, Cameron (12)

3<sup>rd</sup> 11-12 100 IM 1:08.08 AA  
5<sup>th</sup> 11-12 50 Free 27.84 AA  
4<sup>th</sup> 11-12 100 Back 1:11.91 A  
2<sup>nd</sup> 11-12 100 Fly 1:07.03 AA  
5<sup>th</sup> 11-12 200 Free 2:12.01 AA  
2<sup>nd</sup> 11-12 200 Fly 2:26.67 AA  
1<sup>st</sup> 11-12 50 Fly 29.60 AAA  
6<sup>th</sup> 11-12 100 Free 1:01.48 A  
3<sup>rd</sup> 11-12 50 Back 33.18 A  
3<sup>rd</sup> 11-12 200 IM 2:27.33 AA

## CARTER, Michaela (11)

6<sup>th</sup> 11-12 50 Free 28.03 AA  
5<sup>th</sup> 11-12 100 Back 1:12.71 A  
3<sup>rd</sup> 11-12 50 Fly 30.88 AA  
3<sup>rd</sup> 11-12 100 Free 1:00.44 AA  
4<sup>th</sup> 11-12 50 Back 33.23 A

## EIDEN, Cassie (12)

6<sup>th</sup> 11-12 200 Breast 2:58.50  
8<sup>th</sup> 11-12 50 Fly 32.94 BB

## JAHJA, Maria (12)

6<sup>th</sup> 11-12 200 Back 2:38.94 BB  
8<sup>th</sup> 11-12 50 Back 34.23 BB

## LANE, Christine (12)

7<sup>th</sup> 11-12 50 Fly 32.45 BB

## LAWTON, Kelsey (11)

2<sup>nd</sup> 11-12 100 IM 1:06.15 AAA  
1<sup>st</sup> 11-12 50 Free 26.70 AAA  
2<sup>nd</sup> 11-12 100 Back 1:04.12 AAA  
4<sup>th</sup> 11-12 100 Fly 1:08.60 AA  
4<sup>th</sup> 11-12 200 Free 2:11.32 AA  
2<sup>nd</sup> 11-12 50 Fly 29.90 AA  
2<sup>nd</sup> 11-12 100 Free 58.68 AA  
2<sup>nd</sup> 11-12 200 Back 2:21.47 AAA  
1<sup>st</sup> 11-12 50 Back 30.60 AAA  
2<sup>nd</sup> 11-12 200 IM 2:25.09 AA

## RINDERER, Anna- Elizabeth (11)

6<sup>th</sup> 11-12 50 Breast 39.13 BB

### 10 & Under Boys BB+

## COBB, Collier (10)

2<sup>nd</sup> 10-u 100 IM 1:13.48 AAA  
2<sup>nd</sup> 10-u 50 Free 28.75 AAA  
3<sup>rd</sup> 10-u 100 Back 1:15.26 AA  
2<sup>nd</sup> 10-u 200 Free 2:14.01 AAA  
4<sup>th</sup> 10-u 50 Fly 33.78 AA  
2<sup>nd</sup> 10-u 100 Free 1:01.49 AAAA  
5<sup>th</sup> 10-u 50 Back 34.88 AA  
3<sup>rd</sup> 10-u 200 IM 2:47.09 AA

## COUNTIE, William (10)

2<sup>nd</sup> 10-u 50 Fly 31.52 AAA  
3<sup>rd</sup> 10-u 100 Free 1:02.15 AAA  
2<sup>nd</sup> 10-u 50 Back 31.27 AAAA  
2<sup>nd</sup> 10-u 200 IM 2:35.66 AAA

## DONNELLY, Ryan (10)

4<sup>th</sup> 10-u 100 IM 1:24.02 BB  
6<sup>th</sup> 10-u 50 Free 32.31 BB  
7<sup>th</sup> 10-u 100 Back 1:24.66 BB  
5<sup>th</sup> 10-u 200 Free 2:41.05 BB  
7<sup>th</sup> 10-u 100 Free 1:12.84 BB  
6<sup>th</sup> 10-u 50 Back 37.71 A  
5<sup>th</sup> 10-u 200 IM 3:11.23 BB

## FULFORD, Austin (10)

7<sup>th</sup> 10-u 100 IM 1:30.83 BB

## SILVER, Tyler (10)

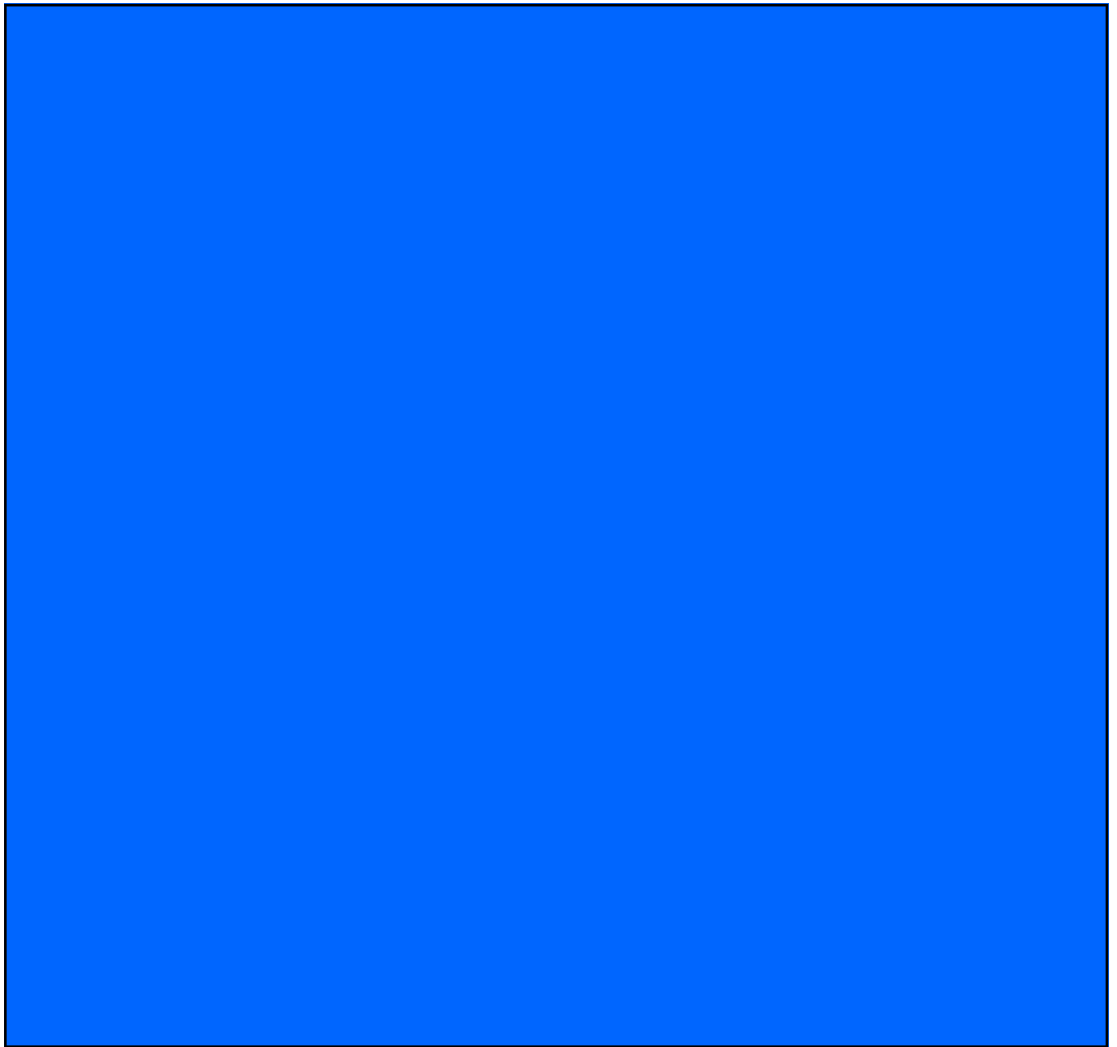
1<sup>st</sup> 10-u 100 IM 1:05.49 AAAA  
1<sup>st</sup> 10-u 50 Free 26.49 AAAA  
1<sup>st</sup> 10-u 100 Back 1:08.69 AAAA  
1<sup>st</sup> 10-u 100 Fly 1:05.95 AAAA  
1<sup>st</sup> 10-un 200 Free 2:10.57 AAAA  
1<sup>st</sup> 10-u 50 Fly 27.73 AAAA  
1<sup>st</sup> 10-u 100 Free 57.58 AAAA  
1<sup>st</sup> 10-u 50 Back 30.96 AAAA  
1<sup>st</sup> 10-u 100 Breast 1:19.85 AAA  
1<sup>st</sup> 10-u 200 IM 2:25.49 AAAA

## TROXLER, Garrett (10)

6<sup>th</sup> 10-u 50 Fly 36.28 A  
8<sup>th</sup> 10-u 100 Free 1:13.10 BB  
6<sup>th</sup> 10-u 100 Breast 1:50.70 B  
6<sup>th</sup> 10-u 200 IM 3:12.76 BB

## VERONA, Brooks (10)

4<sup>th</sup> 10-u 50 Free 29.81 AA  
4<sup>th</sup> 10-u 100 Back 1:16.92 AA  
4<sup>th</sup> 10-u 100 Fly 1:31.34 BB  
7<sup>th</sup> 10-u 200 Free 2:42.21 BB  
7<sup>th</sup> 10-u 50 Fly 36.38 A



6<sup>th</sup> 10-u 100 Free 1:09.83 A  
4<sup>th</sup> 10-u 50 Back 34.19 AAA

### 11-12 Boys BB+

## CRAIG, Steven (12)

1<sup>st</sup> 11-12 100 IM 1:07.97 AA  
2<sup>nd</sup> 11-12 50 Free 27.57 A  
2<sup>nd</sup> 11-12 200 Breast 2:54.37 BB  
1<sup>st</sup> 11-12 200 Free 2:09.56 AA  
3<sup>rd</sup> 11-12 50 Fly 31.49 A  
1<sup>st</sup> 11-12 100 Fre 59.74 AA  
3<sup>rd</sup> 11-12 100 Breast 1:22.40 BB  
2<sup>nd</sup> 11-12 200 IM 2:27.16 AA

## KAWAGUCHI, Tosh (11)

5<sup>th</sup> 11-12 200 Fly 2:49.24 B  
8<sup>th</sup> 11-12 50 Fly 33.79 BB  
6<sup>th</sup> 11-12 50 Back 34.71 BB

## MORRELL, Walker (11)

3<sup>rd</sup> 11-12 200 Breast 3:12.78 B  
4<sup>th</sup> 11-12 50 Breast 40.14 BB  
7<sup>th</sup> 11-12 50 Back 35.15 BB

## OYLER, Geoffrey (12)

5<sup>th</sup> 11-12 100 IM 1:12.16 BB  
4<sup>th</sup> 11-12 100 Breast 1:24.12 BB

## RESS, Justin (11)

6<sup>th</sup> 11-12 100 IM 1:12.33 BB  
7<sup>th</sup> 11-12 50 Free 28.75 BB  
4<sup>th</sup> 11-12 100 Back 1:11.12 A  
3<sup>rd</sup> 11-12 50 Breast 38.81 BB  
7<sup>th</sup> 11-12 50 Fly 33.51 BB  
6<sup>th</sup> 11-12 100 Fre 1:02.30 A  
4<sup>th</sup> 11-12 200 Back 2:31.79 A  
1<sup>st</sup> 11-12 50 Back 32.75 A

## RICHARDSON, Andrzej (11)

7<sup>th</sup> 11-12 50 Breast 42.71 B  
7<sup>th</sup> 11-12 200 Back 2:34.95 BB  
5<sup>th</sup> 11-12 50 Back 34.64 BB

## WEDEGAERTNER, Kurt (11)

8<sup>th</sup> 11-12 200 Back 2:35.85 BB

## NEW TIME STANDARDS DUKE Trick or Treat Meet

## NEW TIME STANDARDS DUKE Trick or Treat Meet





# OCTOBER TRI MEET HIGHLIGHTS

**Gabi Dorsey**  
10/31/95

**Mattilyn Karst**  
11/2/94

**Connor Rushing**  
11/02/96

**Carson Sellers**  
11/02/01

**Katherine Simpson**  
11/03/97

**Mary Grayson Parker**  
11/05/94

**Zoe Durland**  
11/06/01

**Emily Nordstrom**  
11/07/93

**Krissy Thompson**  
11/08/98

**Grace Countie**  
11/10/99

**Nicholas Drda**  
11/10/99

**Mack Swartz**  
11/14/00

**Syd Swartz**  
11/14/00

**Emily Bass**  
11/14/91

**Elena Adcock**  
11/17/98

**Chris Silver**  
11/19/99

**Larkin Andreus**  
11/20/98

**Megan Comstock**  
11/21/95

**Brooke Klaasmeyer**  
11/21/98

**Alexx Lux**  
11/21/95

**Campbell Nixon**  
11/22/00

**McKenzie Ley**  
11/23/94

**Katheryn York**  
11/27/93

**Victoria Mitchell**  
11/28/92

**Claire Griffiths**  
11/28/98

**Lauren Griffiths**  
11/28/98

**Taylor Joyner**  
11/30/97



On Saturday, October 18, Marlins of Raleigh swimmers participated in a Tri-Meet in Chapel Hill with the North Carolina Aquatic Club [NCAC] and the Duke Aquatics Swim Team [DUKE]. MOR sent only 13 and over swimmers to the meet as the Age Group team had just swum in a meet the weekend prior.

45 MOR swimmers participated in three events each. Out of all the events swum, MOR had 76 personal best times swum.

Several MOR swimmers attained **new** time standards:

AAAA—Caroline Mitchell (14) - 200 IM  
AAA—Ben Miller (14) - 100 Free  
AAA—Victoria Mitchell (15) - 100 Free, 100 Back  
AAA—Gabi Shishkoff (16) - 100 Breast  
AAA—Caroline Mitchell (14) - 100 Fly  
AA—Rachel Goodling (17) - 100 Free  
AA—Casey Lawton (14) - 100 Back  
AA—Rebecca Liskiewicz (13) - 500 Free  
AA—Mary Grayson Parker (13) - 100 Free  
AA—Brendan Smith (14) - 500 Free, 100 Back  
A—Alex Eiden (15) - 500 Free, 100 Free, 200 IM  
A—Clay Harmon (13) - 100 Breast  
A—Anna-Holland Lawrence (17) - 100 Fly  
A—Tim Schade (13) - 100 Free

Congratulations to all of the swimmers who participated in the first 13 and over meet of the season on a great first meet.



The IMX Xtreme Challenge is approximately two years old now and is a motivational program designed by USA Swimming to promote versatility in age group swimming while advocating greater participation and development across a range of events that are integral to long-term success in swimming.

### How It Works

Swimmers participate in a combination of 5 or 6 events and based on the "power points" scored for each of the swims, earn a combined score, known as the **IMX Score**. As times in each of the designated events improve, the swimmer's IMX Score is updated. A swimmer's times will count for a whole season, so even if a swimmer ages up during a season the IMX score will show up as a score for his/her lower age group and the new age group.

### My USA Swimming Page

All swimmer's should create a web account to be able to access their personal My USA Swimming page! It's free! If a swimmer has already swum the event combo for his/her age level, the IMX score and ranking now appears in a special section of the swimmer's My USA Swimming page. The only place to access an overall IMX Score, as well as the swimmer's best score for each IMX event, is on that swimmer's personal My USA Swimming page. Other features on this page include a display of personal best times and corresponding power points, a list of meets participated in, a graphical display of times information, and seasonal and lifetime best comparisons.

To create a My USA Swimming page, go to [www.usa-swimming.org](http://www.usa-swimming.org). On the list under USA Swimming tools, click on the **My USA Swimming** link. About halfway down the next page, it reads,

"If you are a USA Swimming member, you can link your web account to your USA Swimming membership. [Click here](#) to create an account and



The following individuals scored in the top-8 places for the team at the October 18th Tri Meet:

### GIRLS

**BILLMAN, Ellie (15)**  
7th—200 IM—2:21.90 AA

**ESPLIN, Kirsten (18)**  
2nd—100 Breast—1:09.11 AAA

**GAMBIER, Nicole (15)**  
8th—100 Breast—1:11.02 AA

**GOODLING, Rachel (17)**  
5th—500 Free—5:26.08 AA

**LAWRENCE, Anna-Holland (17)**  
6th—100 Breast—1:10.45

**LAWTON, Casey (14)**  
6th—100 Back—1:03.29 AA

**LEE, Hannah (17)**  
4th—100 Fly—1:00.12 AAA  
7th—100 Free—55.85 AA

**LINKER, Katelyn (15)**  
8th—100 Fly—1:02.29 AA

**MITCHELL, Caroline (14)**  
1st—200 IM—2:11.44  
7th—100 Fly—1:01.18 AAA  
8th—100 Back—1:04.02 AA

**MITCHELL, Victoria (15)**  
2nd—100 Back—1:01.22 AAA  
3rd—100 Free—54.74 AAA  
4th—100 Breast—1:09.82 AAA

**OLIVER, Elizabeth (17)**  
3rd—100 Fly—1:00.00 AAA  
5th—100 Free—54.94 AAA

**SHISHKOFF, Gabi (16)**  
1st—100 Free—54.43 AAA  
1st—100 Back—1:00.19 AAA  
5th—100 Breast—1:09.90 AAA

**TEXTOR, Brennan (14)**  
5th—200 IM—2:20.56 AA

### BOYS

**DUGGINS, Matt (15)**  
4th—100 Fly—57.01 AA  
4th—100 Free—51.87 AA

**MILLER, Ben (14)**  
3rd—500 Free—5:01.79 AAA

learn more."

Fill in the blocks that follow and create your USA Swimming account to track your progress.

### Age Groups and Events

The following events will be tabulated in the age groups as indicated. A swimmer must legally swim all of the events listed in the age group shown in order to achieve an IMX Score.

### 9 & Under; 10-year olds:

200 IM, 200 Free, 100 Back, 100 Breast, 100 Fly

### 11-year olds; 12-year olds:

200 IM, 400/500 Free, 100 Back, 100 Breast, 100 Fly

### 13, 14, 15, 16, 17, and 18 -year olds:

200 IM, 400 IM, 400/500 Free, 200 Back, 200 Breast, 200 Fly

### Time Period

The IM Xtreme Challenge will be tabulated annually for both the short course yard and long meter performances. Final short course rankings will be tabulated using results achieved between September 1 and May 31. Final long course rankings will be tabulated using results achieved from September 1 to August 31.

### Recognition

Swimmers will be able to see their National Rank, Zone Rank, LSC Rank, and Club Rank on their My USA Swimming page. By clicking the appropriate button next to each season a swimmer will be able to see in the "IM Xtreme Season Details" section below the "Seasons" chart additional information about each season, such as the size of the ranked group and how the score was calculated. All rankings in this area are gender and age group specific.

