

MOR 2009 SIZZLIN SUMMER MEET CIRCUIT

APRIL 2009

S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		



NCS SELECT CAMP—APRIL 25-26
Camp begins Saturday, April 25th at the downtown Charlotte Aquatic Center.



MOR AWARDS CEREMONY—APRIL 18
Team banquet at Ravenscroft at 5:30pm. Featured speaker will be Olympian Katie Hoff.

MAY 2009

S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						



GOLDSBORO BB/B/C—MAY 8-10
10&U, 11-12, 13-14, SR with one or no "A" strokes may swim in this meet. Limit of 4 events per swimmer per day.



NCAC QUAD MEET—MAY 2
All MOR swimmers attending must have at least one "A" time. Limit of 3 events and 1 relay per swimmer.

MEET ON THE HILL—MAY 14-17
Minimum of one "A" needed. 13-14/SR prelim/final and 10&U/11-12 timed final sessions. Thursday session for 1500m swimmers.



JUNE 2009

S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				



MOR LIBERTY BB/B/C MEET - JUNE 20-21
MOR will host this meet at the Goldsboro YMCA. Swimmers with one "A" stroke or less may attend. 8&U, 9-10, 11-12, 13-18.



SANTA CLARA GRAND PRIX—JUNE 11-14
Must qualify for this meet in order to attend and the California meet is part of the national Grand Prix swimming circuit.

SPARTANBURG TRIP—JUNE 26-28
Must have at least one "A" time to attend on this chaperoned bus trip to Middle Tyger YMCA. All ages.

JULY 2009

S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

MOR LC QUALIFIER MEET - JULY 9-11
MOR will host this meet at Optimist Park. 14&U swimmers cannot have 14&U Championship cuts; 15-18 swimmers cannot have Senior Champs cuts in any event they swim in this meet.

SUMMER LEAGUE MEETS — JULY 12
The MOR sponsored JC Meet, the TSA Championship and the S.W.I.M. Meet are all 7/12/09

NCS SENIOR CHAMPS—JULY 23-26
This meet will be in downtown Charlotte hosted by NSS. Qualifying times are needed for each event entered.

US WORLD CHAMPIONSHIP TRIALS — JULY 7-11
Must have national-level qualifying times to attend this meet in Indianapolis.

NCS 14&U LONG COURSE CHAMPIONSHIP JULY 16-19
MOR will host this meet at TAC. All swimmers must achieve qualifying time in every event swum

NCS SENIOR SECTIONAL CHAMPIONSHIP JULY 16-19 UNIV OF TENNESSEE
Knoxville, TN will be the site of the 2009 SR Sectional meet. Qualifying times needed per event.

AUG 2009

S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

LC TARHEEL STATES MEET JULY 31-AUG 2
This meet is for non-14U and non-SR Champ qualifiers. This meet will be at UNC-CH.

SOUTHERN ZONE CHAMPIONSHIP MEET JULY 28-AUG 1
Orlando, FL meet. 48 swimmers chosen from performances at NCS LC Championship meets.

US OPEN — AUG 4-8
The US Open Swimming Championships will be contested in Seattle, WA. Qualifying times are needed to attend.

